

Forest School Skills

Activity

These activities enable groups to learn about the natural environment and will equip the students with the skills to carry out a selection of the following:

Knots – The difference between hitches and bindings, a bowline or reef knot and how to put these into practice with shelters and canvases

Shelter –How to build the most effective shelters. Learning what resources to use and what structures offer the most protection?

Cooking –No ovens or microwaves, just a good old fashioned open fire

Fires –What resources/equipment are suitable and how to safely light and maintain a fire. Students will then learn how fire is a tool meeting many survival needs

Cooking –How to safely prepare and cook food using a good old fashioned camp fire

Crafts –How to use natural resources to create bespoke masterpieces that allow the students' imagination to soar

Flora and Fauna –How to identify different trees and plants and their potential uses

Why Forest School Skills?

Forest school skills provides learners of all abilities and aptitudes to develop their confidence and self-esteem through hands on experiential learning experiences. The skills learnt offer more learning opportunities than just the practical skill itself and can be linked to a variety of curriculum subjects.

Duration - 2 hours to a full day (recommended 6 week course delivered over 6 days)

